



Dental SurgiCenter

OF LOUISVILLE

PRE-OPERATIVE SURGERY INFORMATION

OUR MISSION STATEMENT

The Dental Surgicenter of Louisville is an ambulatory surgical facility established to provide the highest quality of pediatric and general dental, oral, and maxillofacial outpatient surgical and anesthetic care. The Dental Surgicenter of Louisville is the only ambulatory dental surgical center in the region. Our philosophy is that we provide exceptional care based on three vital factors: Respecting the dignity of the individual, providing excellence in healthcare, and state-of-the-art dental and surgical care. We have made a commitment to honor the individual needs of all the patients we serve, and to be dedicated to providing quality service based on HONESTY, INTEGRITY, DEDICATION, RESPECT, TEAMWORK, COURTESY, and HUMILITY. Our ongoing goal is to improve the standards of healthcare and oral health needs within the community that we serve.

Patient's Name: _____

Surgery Date: _____

Our staff will contact you approximately 1-2 weeks prior to your scheduled surgery. At that time, you will have a health history interview with one of our nurses and be given your estimated out-of-pocket costs that may be due prior to your surgical procedure. If you have any questions prior to this please contact us at (502) 813-8604.

We look forward to seeing you.

Dental Surgicenter of Louisville
2800 Cannons Ln, Ste 100
Louisville, KY 40205



PRE-OPERATIVE SURGERY INFORMATION (CONT.)

PRE-ANESTHETIC INTERVIEW/TESTING

What do I need to do to prepare for my pre-anesthetic interview and tests?

You have met your dentist and/or surgeon and are now scheduled for surgery. Before you have your surgery, patients are asked to give some general health information, which includes any allergies, medications, and medical history. The Dental Surgicenter will contact you to conduct an interview over the phone. This is a good time for you to ask questions about getting ready for surgery or discuss any special needs or concerns you may have. Please feel free to contact us to schedule your pre-operative phone call.

Why is it important that I am interviewed?

A nurse will be the person who will interview you. The goal of this interview is to talk about any possible risks to you before you receive the anesthesia and to discuss which type of anesthesia will be given to you. The anesthesia provider will complete an anesthesia evaluation prior to your surgical procedure. It is very important that you give all important information about your health history and family history, including any problems with anesthesia and allergies.

Surgery nurse: The nurse who will be with you during surgery. He or she will verify the following before taking you into the operating room:

- Your name and birth date
- Allergies
- The name of your surgeon
- What type of surgery you are having
- Where you are having your surgery

What is the plan for helping me deal with my pain when I am hurting?

Before you have surgery, it is natural to wonder if you are going to have pain or hurt after your procedure. It is normal to experience some pain, but you should not have to deal with severe pain after any surgery. Your doctor and nurses will make sure that you know how to take care of your pain after your surgery. It is important to control your pain after your procedure to help make your recovery faster. Effective treatment of pain will help you get better faster, help you go home sooner, and hopefully go back to your normal activities. People can have different pain from others even when they have the same surgery. It is important to talk about how to control your pain with your doctor before your surgery. Let the doctor know what type of ways you have used in the past to help control your pain.

How do I report my pain?

If you are hurting and have pain, tell someone! When you are recovering, your nurses will often ask you to give your pain a number from a scale of 0-10, with "0" being "you have no pain" and "10" being "the worst pain you ever had or can imagine." Giving your pain a number helps the nurses know how well your pain is being managed and if your plan with the doctor is working. If the number scale is confusing to you or does not make sense, there are other ways to let the nurses know how much pain you are having. Please let them know. When your pain is under control, your body can focus on the most important work: healing. A picture with facial expressions will be used for pediatric patients to communicate their pain level.

Can I continue taking all of my medications before surgery?

You will be asked to let the doctors know all the different types of medicines, vitamins, and herbal supplements you are taking, why you are taking them, the amount you take them, and at what time you take them. Please bring a list of medications you take the day of surgery. You will also need to let the staff know if you take any recreational drugs, use tobacco, and if you drink alcohol. Any medication or food allergies are important for the nurse and doctor to know. There are certain medications that should be stopped before having surgery. The nurse may ask you to stop any blood thinning medications like naproxen, ibuprofen, and herbals. Patients taking aspirin, Coumadin®, and any other anticoagulant should consult their primary care provider and/or cardiologist about when to stop the medication and resume after surgery. Your surgeon will also evaluate anticoagulation therapy on a case by case basis. The Surgicenter will request a letter from your physician stating when the medication should be stopped and restarted.

Patients on herbal medications should discontinue their use 2 weeks prior to surgery.



PRE-OPERATIVE SURGERY INFORMATION (CONT.)

What do I need to know about my history of smoking? Will smoking cause problems with my surgery?

Cigarette smoking can cause possible post-operative problems. Smoking may slow down the healing of surgical wounds and bones. While it can take a long time to achieve the most benefits that come from not smoking, brief periods of not smoking at all before surgery can help you (visit www.smokefree.gov for more information).

What important papers should I bring, if I need to bring any?

Advance Directives (“Living Will,” “Power of Attorney,” and/or “Health Care Surrogate”) are not required, but if you have them, you should bring them.

Living Will Advance Directive: you give direction to your health care providers about your future treatment choices, should you be unable to express your wishes.

Power of Attorney/Health Care Surrogate-Parent and/or legal guardian will need to submit paperwork to the Surgicenter prior to your surgical procedure.

What should I do the morning of my surgery?

You will be instructed what medicines to take the day of surgery, any special supplies/equipment to bring with you. You will also be instructed on what time you need to stop eating and drinking. It is very important for you to talk honestly with your nurses, doctors, and other staff members. It is also important for you to take part in your treatment choices, promote your own safety by knowing what is going on during your stay, and remain actively involved in your care. You should feel comfortable about how to prepare for the day of surgery, know what to do when you arrive at the building for your procedure, and have an understanding of what to do before returning home at the end of your surgical procedure.

What should I expect on the day of surgery?

It is normal to be nervous as the day of surgery gets closer. It is very important that you understand the procedure that you are having done to ensure your recovery is as safe and fast as possible. Please remember that surgical treatments and procedures are different for each person. Although you may be having the same procedure as someone else, the way you will need to prepare and the things that are done before, during, and after your surgery may be special to you.

If you get a cough, cold, flu-like symptoms, fever, or any other strange symptoms before your procedure, let your doctor know right away.

We look forward to providing you exceptional care in a compassionate environment. Please contact us at the Dental Surgicenter of Louisville with any questions or concerns at (502) 813-8604.